

ALLERGEN INFORMATION



FRESH COFFEE | GREAT FOOD

	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites >10ppm
Breakfast														
Alpro Soya Alt Yogrt Dry Fre										May			Yes	
Berry Go Rnd Straw BlkBy Rasp														
Brake Medium Free Range Eggs RA				Yes										
Quaker Oats GF Original Porridge		Yes												
Snacks														
After Eight							Yes			May	May			
Apples Golden Delicious														
Bananas														
Border Minipack Biscuits		Yes		Yes			Yes			May			Yes	
Brakes Carrot Cake		Yes		Yes			Yes			Yes				
Brakes Gluten Free Chocolate Cake				Yes			Yes			May			Yes	
Brakes Gluten Free Lemon Tart				Yes			Yes			May				
Brakes Essentials Lemon Drizzle Traycake				Yes			Yes			May			Yes	
Brakes Lemon & Poppy Seed Loaf Cake		Yes		Yes			Yes			May				
Brakes Sticky Chocolate & Orange Cake		Yes		Yes			Yes			May			Yes	
Brakes Victoria Sponge Cake		Yes		Yes			Yes			May			May	
Calippo Cola							May							
Calippo Orange							May							
Cornetto Classic		Yes					Yes			Yes	May		May	
Cornetto Go		Yes		May			Yes			May	May		May	
Cornetto Strawberry		Yes					Yes			May	May		May	
Fox's Mini Party Rings		Yes					May			May	May		Yes	
Giant Jammie Dodger		Yes					May							Yes
Grenade Carb Killa Penut Nutter		May		May			Yes			May	Yes	May	Yes	
Grenade Carb Killa W/Choc Cooke		May		May			Yes			May	May	May	Yes	
Honeybuns Vegan Millionaire's Slice							May			Yes	May		Yes	
Honeybuns Vegan GF Dark Choc Brownie							May			May	May		Yes	
Honeybuns GF Fruit Flapjack							Yes			May	May			
Jammie Dodgers Mini Bulk Box		Yes		May			May			May				Yes
Kelloggs Nutrigrain Apple		Yes					Yes			May			Yes	
Kelloggs Nutrigrain B/Berry		Yes					Yes			May			Yes	
Kelloggs Nutrigrain Strawberry		Yes					Yes			May			Yes	
Kp Salted Peanuts Disp Box		May					May			May	Yes		May	
LaBo 5" Teacakes		Yes										May		
La Boulangerie Butter Flapjack		Yes					Yes			May				
La Boulangerie Choc Croissants		Yes		Yes			Yes			May			Yes	
La Boulangerie Gluten Free Choc Brownies				Yes			Yes			May			Yes	
La Boulangerie Triple Choc Tulip Muffin		Yes		Yes			Yes						May	
LaBo Decorated Ring Doughnut Selection		Yes		May										
LaBo Double BgChocolate ChunkCookies		Yes		Yes			Yes						Yes	
LaBo Millionaires Shortbread TBake		Yes		Yes			Yes			May	May		Yes	
LaBo Petit Pain White 55g		Yes		May			May						May	May
LaBo Thick Sliced Malted Bloomer		Yes											Yes	
LaBo Thick Sliced White Bloomer		Yes											Yes	
La Boulangerie White Belgian Chocolate Chunk & Raspberry Cookies		Yes		Yes			Yes						Yes	
Lemons BB														
Magnum Double Sunlover							Yes			May			May	
Magnum Vegan Raspberry Swirl							May			May			May	
McVities Jaffa Cakes Snackpack		Yes		Yes			Yes						Yes	
Metcalfe Milk Choc Rice Cakes							Yes						Yes	
Oreo Snack Pack (2 Pack)		Yes					May						Yes	
OSS 110g Flapjacks Mixed Case		Yes		May			Yes			May			Yes	May
OSS 115g Muffins - Untopped		Yes		Yes			Yes			May			Yes	
Pash N Shot Pine Man Pass Frt														
Paterson Trip Choc Giant Cookie		Yes					Yes			May			Yes	
S Mackie Dark Choc with Mint Bar							May			May	May		Yes	
Snack Essential Choc Raisins		May					Yes			May	May		May	May
Snack Essential Fru/Nut/Seed Mix		May					May			Yes	Yes		May	May
Snack Essential Nutty Mix		May					May			Yes	May		May	May
Snack Essential Salt Cashews		May					May			Yes	May		May	May
Snack Essential Yog Peanuts		May					Yes			May	Yes		May	May
Walls Feast 92ml		Yes		May			Yes			May			Yes	
Walls Magnum Classic							Yes			May			Yes	
Walls Magnum White							Yes			May			May	
Walls Twister							Yes			May			May	
Walls Twister Fruit Zinger														

ALLERGEN INFORMATION

	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites >10ppm
Mains														
Brakes Plant-Based Burger		Yes								May	May	May		
Brakes Plant-Bsd No Chickn Burgr		Yes								May	May	May		
Chicago Town Cheese Pizza		Yes					Yes							
Chicago Town Chicken & Bacon Pizza		Yes					Yes							
Chicago Town Pepperoni Pizza		Yes					Yes							
CT Takeaway Meat Feast Pizza 30cm		Yes					Yes							
CT Vegan BBQ Jackfruit Pizza		Yes					May							
Danora Ham & Cheese Toastie		Yes		May			Yes			May			Yes	
NCG Potato & Leek Soup							Yes							
NCG Tomato & Basil Soup														
NCG Vegetable Soup	Yes						Yes							
Seara Battered Cookd Chicken Nuggets		Yes											May	
Sysco Premium Thin Cut Fries														
Yamas Breaded Halloumi Fries		Yes					Yes			May	May	May		
Drinks														
Alpro Oat Barista Gluten Free														
ALPRO Soya For Professionals													Yes	
Brakes Semi Skimd Mik (Green) RT							Yes							
Brakes UHT Aerosol Crm Sweetnd							Yes							
Innocent Apple Juice														
Innocent Orange Juice Bits														
Kale Kick Frozen Drink														
Nescafe Original Decaff Stick														
Twinings Cran/Elder & Rasp														
Twinings Eng Brkfst														
Twinings Pure Green Tea														
UHT Milk Portions							Yes							
UHT Semi Skim Milk							Yes							
Polar Krush														
Polar Krush - Berry Blast														
Polar Krush - Blueberry & Raspberry														
Polar Krush - Strawberry Drift														
Polar Krush - Bubble Gum Burst														
Polar Krush - Orange Freeze														
Polar Krush - Mango Zingo														
Polar Krush - Cool Cola														
Polar Krush - Lemon Whiteout														
Polar Krush - Tropical Cooler														
Polar Krush - Chilly Cherry														
Polar Krush - Lime Chiller														
Rijo Drinks														
Deluxe Hot Chocolate							Yes							
Deluxe Skimmed Milk							Yes							
Red Blend Coffee Beans														
Condiments														
Anchor Butter Portion							Yes							
Blue Dragon Sriracha Sauce										May	May	May		
BM Orange Marmalade MGJ														
BM Strawberry Conserve MGJ														
Brakes black pepper sachets														
Brakes Honey Portions														
Brakes salt sachets														
Brakes Vinegar Sachets		Yes												
Chef William Table Salt														
CHL Flora Portions							May							
Heinz BBQ Sauce														
Heinz Mayonnaise Squeezy				Yes					Yes					
Heinz Table Top HP Sauce		Yes												
HP Brown Sauce Sachet		Yes												
Lyles Maple Syrup Sachets														
Marmite Yeast Extract Portions (8g)	Yes	Yes					Yes						Yes	

ALLERGEN INFORMATION

	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites >10ppm
Grab and Go items														
Apple & Grape Bag														
Bacon Roll		Yes												
Cheese Sandwich (v)		Yes					Yes		Yes					
Cheese & Tomato Untopped Toastie (V)		Yes					Yes							
Chicken Triple Sandwich		Yes		Yes					Yes					
Cook in Box Cheese Melt Burger		Yes		Yes			Yes					Yes	Yes	
Cook in Box Peri Peri Chicken Tenders		Yes					Yes					Yes		
Gluten Free Chicken & Bacon Sandwich (GF)				Yes					Yes					
Ham & Cheese Topped Toastie		Yes					Yes		Yes					
Ham Sandwich		Yes					Yes							
Large Sausage Roll		Yes		Yes			Yes		Yes					
Pepper Steak Slice		Yes		Yes			Yes		Yes					
Roasted Tomato Pasta with Feta Salad	Yes	Yes					Yes							
Sausage Roll		Yes												Yes
Southern Fried Chicken Salad		Yes		Yes			Yes		Yes				Yes	
Tomato & Mozzarella Salad		Yes					Yes							
Tuna Melt		Yes		Yes	Yes		Yes							
Tuna & Sweetcorn Pot		Yes		Yes	Yes		Yes		Yes					
Vegan Pesto Presto Wrap (vg)		Yes							Yes					
Vegan Bombay Potato & Spinach Pasty (vg)		Yes							Yes					
Chicago Town Cheese Pizza		Yes					Yes							
Chicago Town Chicken & Bacon Pizza		Yes					Yes							
Chicago Town Pepperoni Pizza		Yes					Yes							
CT Takeaway Meat Feast Pizza 30cm		Yes					Yes							
CT Vegan BBQ Jackfruit Pizza		Yes					May							
Danora Ham & Cheese Toastie		Yes		May			Yes			May			Yes	
NCG Potato & Leek Soup							Yes							
NCG Tomato & Basil Soup														
NCG Vegetable Soup	Yes						Yes							
Seara Battered Cookd Chicken Nuggets		Yes											May	
Sysco Premium Thin Cut Fries														
Yamas Breaded Halloumi Fries		Yes					Yes			May	May	May		